

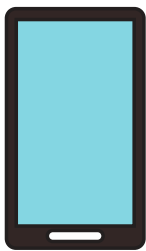
BODY U

A Wellness Program to Address Body Image, Mood, and Anxiety

Complete a 5 minute confidential survey and access a free online program tailored to your needs.

Get started - click here!

To provide support in light of COVID-19, Body U is **now available at no cost** to all residents of Missouri.



Body U is based on 30 years of research and has been used by thousands of individuals.

Funded by the Missouri Eating Disorders Council

Questions? Contact Marie-Laure Firebaugh at mcallewaert@wustl.edu