

Missouri Eating Disorders Council Minutes

July 25, 2016

Council Members Present:

Del Camp
 Beth Harrell
 Carla O'Connor
 Paul Graham
 Rebecca Lester
 Paul Polychronis
 Denise Wilfley

Council Members Absent:

Annie Seal
 Connie Cahalan
 Lauren Sciacca
 Kim McCallum
 Jen Singleton
 Eric Martin
 Janet Clevenger
 Aneesh Tosh

Department of Mental Health Staff:

Mark Stringer
 Rosie Anderson-Harper
 Lexy Thompson
 Lori Baysinger

Guests:

Ellen Fitzsimmons-Craft
 Caroline Graham
 Marie-Laure Firebaugh

TOPIC	DISCUSSION	ACTION/FOLLOW-UP NEEDED
Welcome/Introductions	The meeting was called to order at 10:05am. Lexy stated that the dietician training is all coordinated for Aug. 3. Beth stated that 25 Dietitian are enrolled, 6 being medial.	
Old Business	<p>Approval of minutes</p> <p>Motion was made to approve the May minutes. Beth made a motion to approve the minutes and Rebecca seconded.</p> <p>FY17 Budget</p> <p>Denise requested everyone to look at the FY17 budget. Vicki Schollmeyer discussed the changes the State Fiscal team made to the budget. Vicki handed out updated FY2017 budget including the administrative fee is only charges 15%, not 20%. The new budget show \$9,029.50 left to spend. Ellen stated it could go to the dietician consultation; more funds for video quality, buying manuals for FBT are some ideas to use the extra \$9,000. Once the budget is revise it will be sent out. If anyone has any concerns with the budget please email Lexy ASAP.</p>	Schedule a meeting with Patty, Ellen, Vicki and Lexy to review budget.

TOPIC	DISCUSSION	ACTION/FOLLOW-UP NEEDED
	<p>MO Training Initiative Overview</p> <p>Ellen passed out a handout which showed the MO Training Initiative Overview. The in person dietician training at Ozark Center Aug. 3, and recording the training is scheduled. The FBT training is Sept. 26 – 27 in St. Louis; Ellen is looking at vendors to record this training also. There was discussion about how to advertise the training to various sites. There was a discussion regarding possible other locations for Centers of Excellence. Suggestions included Burrell, Community Counseling Center and Rediscover.</p> <p>Ellen stated that the dietician train at the Ozark Center for Aug. 3 is ready and that the training will be recorded. There was discussion on release forms that need to be given to the students along with the production company. Lexy stated that she will look into that and make sure the Council is covered. Discussed the training for Sept. 26 – 27 for FBT with Jim Lock (cost at Wash U, travel, flight, etc.). Also discussed IPT training and CBT gsh training. Lexy asked what the \$4500 included for the FBT training at Wash U. Ellen stated that number included facility fees and breakfast and lunch for all students. Ellen stated that she has a meeting to find out more regarding the conference room. Also the Knight Center has rooms that students can stay overnight that are a little over \$100 per night. Lexy stated that she does the Peer Specialist training for the State of MO and that there are conferences rooms located in St. Louis we can schedule at no cost. Ellen asked her to send her the information. The Council also talked about getting the training video on YouTube, Relias E-learning system or other website. Also talked about using Lori as helping with any administration for the council and helping Marie-Laure with Body U.</p> <p>Body U Program – Wash U</p> <p>Marie Laure presented an overview of Body U. Lantern will allow the 300 slots for Eating Disorders. Body U works with 8 universities/colleges currently but would like more partnerships. They will provide coaching and individualized support for students. Lantern will oversee coaching of all programs. Once a student takes the screening and an eating disorder has been identified, he or she may get a referral for treatment. Almost 1300 people take this screening per year. Paul G. asks if there is a follow-up with the students. Ellen stated that right now the counseling center does not follow up with the student, but the student receives an email a week after the screening encouraging them to make an appointment with the counseling center.</p> <p>A discussion was about IRB (Intuition Review Board, provides oversight for review and</p>	<p>Lexy will look into getting release forms on recording all of the training scheduled.</p> <p>Lexy will also look into other cheaper places to hold the FBT in St. Louis; will send the information to Ellen.</p>

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	<p>approve research involving human subjects) to use the data. There was a concern about a consent form with this in order to use the data. Would like a pros and cons list to keep the IRB. Will discuss again once Annie is back.</p>	<p>Denise will send the list of Pro and Cons by using the IRB to Lexy and will send it out to the Council.</p>
Working Session:	<p>Groups broke up to discuss Body U project and discuss the clinical training.</p> <p>Would like to get a MO Eating Disorder Student Ambassador on each college/university. Ellen asked if they could use our name but not be part of the council. Denise asked what the Bylaws were. Lexy stated that if the Council stated what they special role and if the majority vote. The Ambassador could put it on their resume.</p> <p>Discussed how many centers the Council wanted to get trained. Would like 2 Centers well train but would like up to 4 centers depending on the budget.</p>	
Additional Information	<p>Rosie stated that Lexy has been working with Stealth to update the MO Eating Disorder Council website. We will also be updating our State website to abide by our Sunshine laws and have our Councils members, agenda, upcoming meetings and minutes on it.</p>	<p>Lexy will send the link of the website.</p>
Adjournment	<p>The meeting was adjourned at 2:15. Next meeting will be held on Oct. 3 since the FBT training is Sept. 26. Lexy will look into getting a video conference. She will send out information regarding this.</p>	<p>Lexy will talked with our IT staff and get this scheduled.</p>