

# Missouri Eating Disorders Council Minutes

January 23, 2017 (Conference Call)

**Council Members Present:**

Connie Cahalan  
 Beth Harrell  
 Carla O'Connor  
 Annie Seal  
 Paul Polychronis  
 Caroline Graham  
 Janet Clevenger  
 Denise Wilfley  
 Marjorie Cole  
 Del Camp  
 Rebecca Lester

**Council Members Absent:**

Paul Graham  
 Lauren Sciacca  
 Kim McCallum

**Department of Mental Health Staff:**

Dr. Mike Nietzel  
 Lexy Thompson  
 Lori Baysinger

**Guests:**

Ellen Fitzsimmons-Craft  
 Marie-Laure Firebaugh

<b>TOPIC</b>	<b>DISCUSSION</b>	<b>ACTION/FOLLOW-UP NEEDED</b>
<b>Welcome/Introductions</b>	Annie welcomes Marjorie Cole from DHSS to the Council. Marjorie told the council a little about herself.	
<b>Budget</b>	<p>Recently the MO Eating Disorder Council was mention in the budget cuts from Gov. Greitens. Annie stated that these are not new cuts and the council is not going to be affected. Withheld approx. \$97,000 from our budget, this is the same money that Gov. Nixon set aside. Gov. Greitens officially took this money away. We should know about the new budget February 3, 2017.</p>	
<b>Ozark Training Initiative Update</b>	<p>Ellen discussed that a dietitian boot camp was held and training was provided by Jessica Setnick at the Ozark Center. There were a total of 28 providers that attended. This training video is now the Relias. This training will also will be available on Vimeo. Lexy is working on getting this training on this and getting it password protected. Ellen then discussed the post training feedback/surveys.</p> <p>Jim Lock provided FBT training in St. Louis. Ellen stated that the MO Coalition is working on getting the training video uploaded on Relias and should be done later this week. This training will be also be on Vimeo and password protected. Ellen also discussed the feedback she received on this training. A 4 month follow up survey will be sent by end of Jan. 2017.</p>	<p><i>Lexy will upload the trainings on Vimeo and put it on MO EDC's website. They will contact DMH for the password before taking the trainings.</i></p>

TOPIC	DISCUSSION	ACTION/FOLLOW-UP NEEDED
<p><b>Body U Program Overview and Update</b></p>	<p>IPT training will this week on January 26 – 27, 2017 at the MO Coalition in Jefferson City. Rob Welch will be conducting this training. CEUs will be provided on this training. This training will also be video recorded.</p> <p>Upcoming training medical/psychiatry and how to work as a team (Kim McCallum) and maybe another IPT training since we had a high level of interest. Ellen stated that we already have a waitlist of about 15 students.</p> <p>Annie will go to the Capital and do a presentation in regards to with Rick Stream. Reading materials and thank Legislators and update them. Connie suggested letting Dr. Stringer know, Annie will send him an email.</p> <p><b>Body U Program – Wash U</b></p> <p>Marie-Laure gave a quick overview of Body U program. She discussed the recruitment numbers by academic year for Body U. The Updates on plans and goals for 2016 – 2017 Academic year:</p> <ul style="list-style-type: none"> <li>• The plan was launch Dec. 1, 2016. It was a low recruitment time but will be picking up in the spring.</li> <li>• Will be working with MU and students to get the work out regarding the program. Will be getting more recruitment by giving out handouts.</li> <li>• Paul will be contacting the liaisons to get the higher up involved.</li> <li>• Carla will be working with UMKC to get to join.</li> </ul>	<p><i>Annie would like Lexy to find out what other trainings/ consulting that are being offered by other councils compared to MO EDC.</i></p> <p>.</p> <p><i>Dr. Nietzel suggested contacting Dr. Dee Siscoe with MO State to get them involved with this program – Annie will send her an email.</i></p>
<p><b>Additional Information</b></p>	<p>Next meeting will be March 27, 2017 at Department of Mental Health 1706 East Elm St., Jefferson City in Conference Room B from 10:00 – 2:00.</p>	