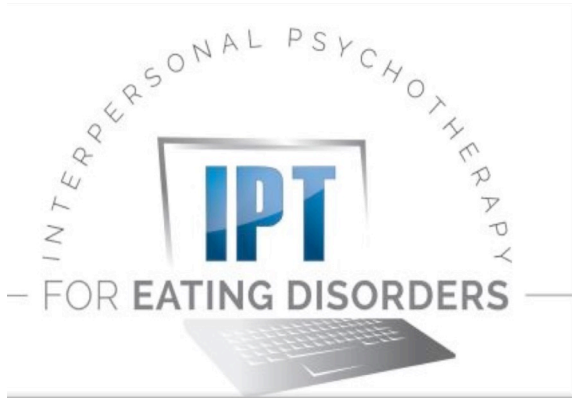




Missouri Eating Disorders Council



The Missouri Eating Disorders Council announces an opportunity for you to receive **FREE online training in interpersonal psychotherapy (IPT) and continuing education credits** as part of its Training Initiative!

As part of our Training Initiative, we are offering Missouri clinicians the opportunity to access our interpersonal psychotherapy (IPT) online training platform free of charge! IPT is an evidence-based treatment for adolescents and adults with eating disorders but can also be used for a variety of other problems, including depression, anxiety, and post-traumatic

stress disorder, making it a very versatile, evidence-based intervention. IPT is well received by therapists and clients alike!

Our interactive site features:

- Video training course so you can learn at your own pace
- Library of clinical vignettes that show common patient-therapist scenarios
- Downloadable manuals and handouts
- Responses to FAQs and the opportunity to “Ask an Expert”

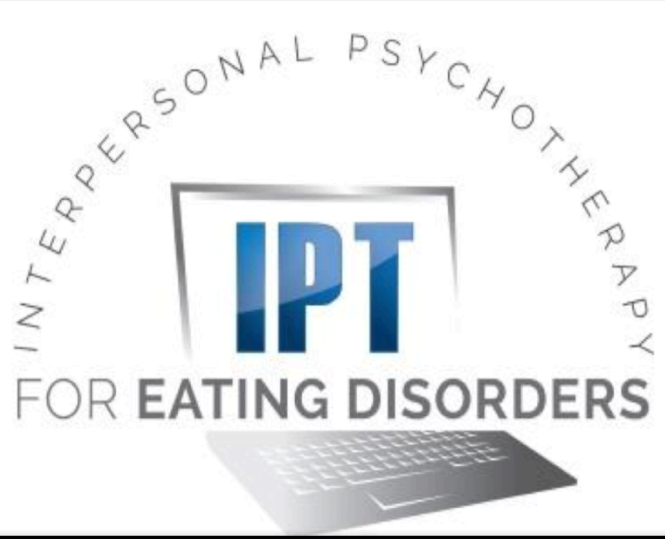
Please see our flyer describing the innovative and accessible online IPT training platform. To access, go to: <http://iptford.com/home> and click “register” at the upper right-hand corner of the page for immediate access.

Important notes:

- Please use your *work email only* to sign up for the online training platform - i.e., not a personal email address (such as one at gmail.com). This enables us to track platform sign-ups for Missouri clinicians, making it possible to offer additional programming like this in the future!
- Please keep the training platform link confidential and do not share this information with others unless approved by Dr. Ellen Fitzsimmons-Craft of Washington University School of Medicine. If there are others you may want to share this training with, please reach out to her first and she would be glad to discuss this possibility with you.
- Participating therapists will receive 3.5 continuing education credits for completion of the online training program. The program is accredited by the National Board of Certified Counselors (NBCC) and the American Psychological Association (APA). CEU award is contingent upon successful completion of a training comprehension quiz.

If you have any questions, please contact Dr. Ellen Fitzsimmons-Craft of Washington University in St. Louis at fitzsimmonse@wustl.edu, who oversees the Council’s training initiative.

engaging.
informative.
innovative.
accessible.



INTERPERSONAL PSYCHOTHERAPY

Visit our IPT for Eating Disorders Online Training Platform to sharpen your new skills!

- Interactive site features include:
 - ✓ library of clinical vignettes that show common patient-therapist scenarios
 - ✓ downloadable manuals & handouts
 - ✓ responses to FAQs & the opportunity to “Ask an Expert”
- IPT is a brief, evidence-based intervention that is well received by therapists and clients alike!
- Go to: <https://iptford.com/home> & click “register” at the upper right-hand corner of the page for immediate access

*Please keep the training platform link confidential and do not share any of this information with others unless approved by a staff member in the Weight Management & Eating Disorders program at Washington University School of Medicine.